

Lead me to the rock that is higher than I.

3 For thou hast been a refuge for me,  
A strong tower from the enemy.

4 I will dwell in thy tabernacle for ever:  
I will take refuge in the covert of thy wings. Selah

5 For thou, O God, hast heard my vows:  
Thou hast given me the heritage of those that fear thy name.

6 Thou wilt prolong the king's life:  
His years shall be as many generations.

7 I shall abide before God for ever:  
Thou prepare lovingkindness and truth, that they may preserve him.

8 I will say in my heart, thy vows are my refuge.

will help you  
understand the  
way closer to God.



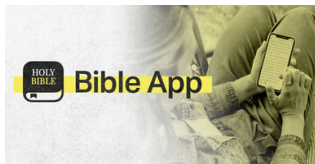
# Your Guide to Understanding the Bible

## 1. Find a translation you understand

The Bible was written in three ancient languages. Each translation into modern languages represents years of work to help you process the Bible in a way that makes sense.



[Choosing a Translation](#) -- Learn more with this video from the Bible Project



[Get the Bible App](#) -- Access more than 2,400 Bible versions in over 1,600 languages wherever you are

## 2. Pick a time, a place, and a plan

Are you a morning person or night owl? Do you like quiet places or bustling coffee shops? Do you learn by watching, listening, or reading? Do you sometimes read paper and other times digital?

Once you decide on a routine that works for you, start one of these Bible Plans or consider finding a paper Study Bible.

**The Bible: Explained**

Bible App

[The Bible Explained](#) -- A seven-day Bible Plan by Life.Church that's great for reading with friends.

**Find a Study Bible**

available at  
amazon

[Consider a Study Bible](#) -- If you prefer paper, or need a technology break, find a paper study Bible to fit your life.

**How to Read The Bible**

Bible App x BibleProject

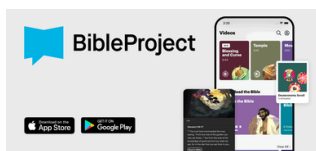
[How to Read the Bible](#) -- This 19-day Plan by the BibleProject will introduce you to the Bible's unified story.

# Your Guide to Understanding the Bible

## 3. Uncover the context

Think like a detective and discover the story behind the story.

The Bible is a collection of 66 different books, written in three languages, across three continents, over 1,500-year period by 40 different authors. Use tools like these to learn who the text was written to, when, where, and why.



[Download Bible Project's App](#) -- Through videos, podcasts, and articles, you'll experience the Bible as one unified story that leads to Jesus.



[Try Blue Letter Bible](#) -- Do-it-yourself access to scholarly tools --like language searches and commentaries. Click this link to preview and Interlinear search of Philemon 1:1



[Listen to The Bema Podcast](#) -- Listen to content about the Bible with this walk-through podcast about the context of the Bible, the text, and surrounding history.

## 4. Read slowly and ask questions

There's no need to rush. Take your time and get curious.

After studying the context, what questions do you still have? Use your questions as tools to help you dig deeper through prayer, study, and conversations with friends.

A small group is a safe place to make friends who'll help you process your questions about the Bible. Reach out to your church and ask if they can connect you with a small group.



[Work Through the Weird Stuff](#) -- Surprised or confused by something in the Bible? You're not alone! This article answers some questions while encouraging you to keep asking more.



[Process Your Doubt With This Jesus Story](#) -- This podcast episode by Life.Church invites you to work through questions and doubts by placing yourself inside a well-known Jesus story.

# Your Guide to Understanding the Bible

## 5. Pray and apply what you learn

The Bible is meant to transform us, not just inform us. The more we apply what we learn from God's Word, the more we become like Jesus.

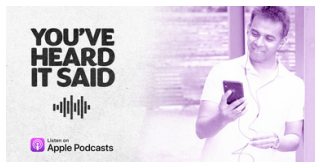
Ask God what He wants you to learn about Him and yourself.

Guided Prayer in the Bible App -- A simple, Scripture-based, daily prayer feature of the Bible App to help center your heart and mind on God.

Connect the Bible With Prayer -- This podcast starts a conversation about the many connections between the spiritual practices of reading the Bible and prayer.



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